

# Delight Yourself In The Lord



## Read Psalm 37:4

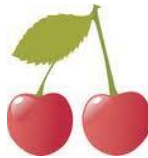
*Here are some ways you can begin delighting yourself in the Lord:*

- *Taking time out each day for prayer and Bible Study.*
- *Learning about God's character.*
- *Studying the life of Jesus.*
- *Sharing with others what God has done for you.*
- *Using your spiritual gifts and talents to bring honor and glory to God.*

## Questions:

1. *What does "taste and see that the Lord is good" mean to you? (Psalm 34:8)*
2. *Read the following verses that contain the word "delight". How do they encourage you to delight in the Lord?*

- *Job 22:26*
- *Psalms 1:2*
- *Proverbs 8:30*
- *Psalms 119:47*
- *Psalms 119:16*
- *Proverbs 10:23*



## To Do:

If you do not delight yourself in the Lord, others will not be attracted to His sweetness. List ways you can delight yourself in the Lord today. Share this list with others.

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## Memory Verse

*"Direct me in the path of your commands, for there I find delight."*

*~ Psalm 119:35*

